



# Surf n Turf

## Starters

FRENCH ONION SOUP (V)	£4.25
HOUSE PRAWN COCKTAIL	£5.75
Succulent Atlantic prawns and avocado drizzled with a Marie Rose sauce.	
DEEP FRIED CAMEMBERT (V)	£4.95
Drizzled with cranberry sauce.	
CALAMARI	£5.50/10.95
Pan-fried calamari with garlic and chilli.	
STICKY RIBS & MARINATED CHICKEN WING TO SHARE	£10.50
Pork spare ribs with a bar-b-que marinade & grilled chicken wing.	
COUNTRY STYLE PÂTÉ	£5.95
Served with French bread and chutney.	
LOCAL CORNISH SCALLOPS	£7.50/£14.95
Served with crispy bacon, sautéed potatoes and salad leaves.	
CROSTINI FOR TWO TO SHARE	£11.95
Toasted French bread topped with Serrano ham, prawns, pesto and Feta, Vine tomatoes with crushed basil leaves.	
BREAD AND OLIVES TO SHARE FOR TWO (V)	£4.50
(served from the bar on arrival)	

## Salads

All salads contain crispy lettuce, cucumber, carrots, red pepper.  
(Caesar differs slightly)

THAI SPICED BEEF FILLET SALAD	£12.95
Thinly sliced fillet with aromatic salad and prawn crackers.	
CAESAR SALAD	£4.50/£8.25
Crispy cos lettuce in our own Caesar dressing with croutons, anchovies.	
As a main course SERVED WITH GRIDDLED CHICKEN	£10.50
KING PRAWN AND AVOCADO SALAD	£12.25
Medium sized prawns sautéed in garlic and lemon juice with avocado (seasonal) with sautéed potatoes.	
GREEK SALAD	£5.50/£8.95
A traditional Feta cheese, tomatoes and mixed olive mix.	

## FISH (sourced from Plymouth fish market)

BATTERED FISH	£10.75
Tempura battered Cod/Haddock/Hake or Sea Bream.	
GRILLED FISH	£10.50
Sea Bream/Lemon Sole/Salmon Fillet or cod.	
PAN FRIED FISH	£12.50
Cod or skate with caper butter.	
THAI STYLE FISH CURRY	£12.25
Served with all the accompaniments.	
GRILLED LOCAL LOBSTER	£mkt
- we will tell you sizes available. Fresh lobster grilled and served with lemon butter.	
SEAFOOD PLATTER (for two to share)	£29.95
Our combination of crevettes, prawns, mussels, cockles and dressed crab.	

All seafood served with house salad and French fries or baked potato

Side dishes: French peas (peas, onions and lardoons)	£2.25
Seasonal 'Nearly Naked' veg	£2.50
Surf n Turf house Salad	£2.50
Tomato and onion salad	£2.50

## Meat

TURF 100% BEEF BURGER	£9.95
Served in a bun topped with caramelised onions.	
KEBAB FILLET OF BEEF AND KING PRAWN	£12.95
Grilled with peppers and onion on a skewer.	
PORK STEAK	£11.25
Pan fried with mushrooms, Rosemary and orange juice.	

All above served with house salad and French fries or baked potato

## Pasta and Noodles

CHICKEN BREAST	£10.95
Teriyaki chicken, egg noodles, garlic, pak choi & toasted sesame seeds.	
BAKED CAMEMBERT WITH ROSEMARY (V)	£10.95
Served on creamy linguini with peppers and onions.	

## Grills

6OZ DEVON FILLET	£17.50
Cut from the centre it does not get better than this.	
10 OZ DEVON CONTRE OR SIRLOIN	£17.95
This is from the centre section of the shortloin, great flavour and texture.	
10 OZ DEVON RIB-EYE	£18.95
Juicy and tender with more marbling than other cuts.	
1lb DEVON T-BONE	£24.50
From the rump end of the sirloin and fillet - man size steak!	

All meat served with house salad and French Fries or Baked Potato + Choose your sauce - peppercorn, Béarnaise.  
(We prefer to cook our steaks rare to Medium)

## Surf n Turf Specialities

Your choice of steak above and add:

garlic Atlantic prawns	£1.50
Or breaded scampi	£3.00
Or 3 large garlic crevettes	£3.50
Or 1/2 lobster tail	£8.50

Take the steak price from the grill and add the additional

## Desserts

CRÈME BRULÉE	£4.95
A classic crème anglais topped with a crunchy crust of sugar.	
STICKY TOFFEE PUDDING	£5.25
A warm sticky toffee sponge dessert with caramel sauce and ice cream or clotted cream.	
CHOCOLATE BROWNIE	£5.50
Home-made brownie with chocolate sauce & vanilla ice cream.	
BAKED NEW YORK CHEESECAKE	£5.75
Served with cream or ice cream.	
FRUIT CRUMBLE	£5.50
Served warm with seasonal fruit and custard.	
LANGAGE FARM ICE CREAM	£4.95
A trio of mixed ice cream.	
LOCAL CHEESEBOARD	£7.25
With chutney and biscuits.	

Open Tuesday – Sunday from 5pm

Surf n Turf Dolphin House, Sutton Harbour, Plymouth PL4 0DW  
www.surfnurf.biz eat@surfnurf.biz 01752 254879